



DURHAM SCHOOL FOR BALLET  
&  
THE PERFORMING ARTS

**DSBPA**

Student Handbook

## MESSAGE FROM THE DIRECTOR

Welcome to Durham School for Ballet & the Performing Arts! I founded our school in 2005 (originally Legacy Studios) to bring outstanding classical ballet training to Durham.

We have now grown and expanded into dance techniques that were not even available in 2005 such as aerial silks and aerial lyra. I believe that education and opportunities to improve never stop, so keep an eye on us as we expand our horizons in our community!

I hope that you find the Parent/Student Manual as helpful as I am attempting to make it. Inside these pages you will find DSBPA expectations and policies that why we are the best training program in Durham.

You can expect to find our same, stellar staff as we continue to utilize American Ballet Theatre's National Training Curriculum for all our ballet levels with instructors that are certified in ballet pedagogy. In addition, our aerial instructors continue to work towards teaching certification through the New England Conservatory of Circus Arts training program among others.

During my early training I had the opportunity to work with outstanding instructors and leaders in the field of dance, both locally and internationally. I have not forgotten any of those individuals nor the lessons (both dance and personally) they provided. Those experiences constantly remind me what kind of impact dance training has on the whole person, and I call upon the best of those experiences as I hand down tradition here at DSBPA.

It is of the utmost importance to me that dance is available to ALL people. We keep an open door for all everyone that seeks joy in the movement of their bodies. While we cannot be all things to all people, I exist to share my love of this field with all those that wish it.

I am truly grateful to you and your family for joining our Durham School for Ballet & the Performing Arts family!

Sincerely

Boleyn H. Willis-Zeger  
Owner/Director

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# Our Programs

Durham School for Ballet & the Performing Arts, LLC is comprised of three divisions: Children's Division, Student Division and Recreational Division. All divisions feature instruction designed to challenge the physical and technical abilities of each student while nurturing the spirit and encouraging artistry. We offer many dance disciplines under each of those divisions.

The School utilizes the American Ballet Theatre National Training Curriculum for all of our ballet classes and our faculty and administration has developed an aerial curriculum for our aerial classes. This ensures that classroom curriculum in all disciplines is consistent within the School. Both the Aerial and Ballet programs are kept up to date with best practices in the field, by continued education, research, and training by our faculty.

Some of our classes have open and rolling enrollment year-round; others, due to age recommendations and/or prerequisites, require assessment (new students) or evaluation (returning students) and have a limited period during which students may register.

## **Children's Division (Ages 3-7)**

Children's Division classes introduce children to music and movement through a progression that stresses creativity and group interaction. They also serve to introduce young children to the fundamentals of classical ballet, focusing on proper body alignment, basic ballet technique and terminology, and musicality. A class uniform is required for Primary Ballet classes Levels 1-3.

Children's Division classes, which include Pre-Primary through Primary Level 3 (ages 3-7) have an open enrollment policy. Advancement depends on the individual student completing all the requirements set for that level including but not limited to, mastery of technique, conduct, receptivity to new concepts and musicality. We believe in “stages not ages”. A class uniform is required for Primary Ballet classes Levels 1-3.

## **Children's Division classes (*Not all classes are offered every year.*)**

**Pre-Primary, Ages 3-4**, encourages children to explore the movement of their bodies in space. The class will help children develop rhythm, coordination and cross-patterning accompanied by selected music.

**Primary Levels 1-3, ages 5-7,** are preparatory classes with a focus on both fun and developing the movement skills, cross-patterning and alignment necessary for progression in ballet technique. Although children benefit from the repetition of starting at Primary 1 and advancing to each level, students should enroll with their age group in the Primary levels.

**Aerial Exploration, Ages 5-7,** focuses on Creative Movement with the addition of low hanging, knotted aerial silks.

**Caregiver and Me, Ages 2-5,** allows a caregiver and their child to interact with aerial silks while moving creatively.

## **Student Division (Ages 8-16)**

Enrollment in Student Division classes (Ballet Levels 1-5) is by assessment by DSBPA faculty. Assessment is done prior to the beginning of the academic year during Assessment Week. Students wishing to register after Assessment Week is over must attend a trial class or may schedule a private placement assessment with the Director (or designated staff). Private assessments generally take one hour. Students needing to schedule an assessment should contact the office for cost and available times.

Student Division classes are taught with methods designed to prepare our students for success in the performing arts, however we have many students who desire careers in other areas. We believe that whatever field of endeavor students seek, the inherent qualities of dance training -- the discipline, preparedness, self-respect, respect for others, focus, open-mindedness, perseverance and sense of humor -- build the foundation for all successful careers.

### **Student Division Classes *(Not all classes are offered every year)***

#### **Ballet Levels 1-5:**

Classes include exercises at the barre and center while building muscular strength, posture, coordination and musicality. Each level provides the technical building blocks for the following level. DSBPA utilizes American Ballet Theatre National Training Curriculum®. This is an 8 level program that combines high quality artistic training with the basics of dancer health and child development. The ABT NTC consists of a comprehensive set of age-appropriate, outcome-based guidelines to

provide the highest quality ballet training to dance students of all ages and skill levels. Dancers must demonstrate mastery in one level before moving to the next.

### **Pointe 1-3:**

Pointe work begins when ballet students have at least four years of training and are attending *three or more* ballet technique classes per week. Dancers must demonstrate strength and control in their flat shoes before they can be considered for pointe work. After completing Pointe 2, students are expected to take some of their weekly technique classes in their pointe shoes.

### **Variations:**

Pointe students learn choreographic excerpts from classical ballets.

### **Pas de Deux:**

This class is required for Ballet Levels 4 and 5. Students learn how to dance with a partner performing lifts and assisted turns. Strong pointe technique is required for this class.

### **Contemporary Ballet:**

This class brings a fresh and open approach to the study of traditional ballet vocabulary. The class fuses the different elements of ballet with movement from other dance genres. Students will advance technically while learning to move more freely and with more grace and confidence. We will place emphasis on the full expression of the torso through weighted limbs, propulsion and the ability to create impulse with varied tempos and rhythms. This class may be taken on flat or en pointe.

### **Allegro:**

This class focuses on speed and precision in jumps and turns to improve endurance, muscular strength and coordination. This class provides excellent cross-training for any sports activity.

### **Modern Levels 1-3:**

Our modern classes are places for critical thinking, moving and crafting. The class begins slowly with practices that activate a sense of availability in the body and that allow the discovery of ways to let go of tension while expanding movement potential. Phrase work allows us to research musical accuracy, detail, line, counterpoint and a fluid relationship between the legs and arms. Each exercise is

designed to develop both technical execution and artistry through the use of continual motion, sequential articulation and momentum while encouraging effortless epaulement. Throughout class, students are encouraged to embrace and expand their physical range as empowered, confident movers through a myriad of neoclassical styles.

### **Class Journal for student division:**

All students in the Student Division are required to keep a class journal of all lectures, corrections and assignments. Students must bring this notebook with them to every class and record any corrections given to the student or the class, or new movement or vocabulary learned that day. The journal should be reviewed regularly to reinforce the learning that goes on in the classroom. Students should record all questions they may have about corrections or new vocabulary given, so that they can be clear when asking their instructor for clarification. Journals are used as a tool for student progress and understanding.

## **Recreational Division**

Our recreational program is designed to provide an opportunity to learn more about the art of dance. Our classes are catered to dancers at all levels and ages, open to any student who enjoys dance and wishes to begin or continue their training in any of our disciplines. Led by enthusiastic and professional instructors, dancers learn correct terminology and technique in an encouraging classroom atmosphere. By using positive reinforcement, we strive to give every dancer a positive dance experience. Let us share our passion for dance with you!

Both Aerial and Ballet courses are progressive.

### **Ballet**

Students' training includes exercises at the barre and center while building muscular strength, posture and musicality. Each level provides the technical building blocks for the following level. We teach following the American Ballet Theatre National Training Curriculum, an 8-level program that combines high quality artistic training with the basics of dancer health and child development.



## **Aerial**

Students' training includes methods of climbing, foot locks onto the fabrics, and learning basic movements on the fabrics and aerial safety. Students then extend their working repertoire of aerial movements, their core strength, their stamina, and their body control. As students' progress they will learn new climbs and locks, as well as additional movements including inversion all based on having a fundamental control in silks. Students will explore staying in the air and combining several movements in order to build a base for future performances.

There is no required uniform for Recreational Division classes BUT there are dress code requirements.

### **Recreational Classes may include:**

Adult Absolute Beginner Ballet

Adult Ballet Basics

Open Intermediate Ballet

Adult Aerial Silks Beginning

Open Aerial Conditioning

Youth Ballet

Youth Aerial

And more!

### *Workshops & Master Classes*

DSBPA offers workshops year-round in aerial silks, aerial lyra, ballet, contemporary, jazz and theatre when an opportunity arises. We reach out to students and their parents via email and Facebook when there is a potential workshop. Fees and length of workshop vary and are not refundable unless the planned workshop is cancelled. These classes are open to anyone in the dance and theatre community.

### *Project Plie*

In September 2013, American Ballet Theatre announced the formation of Project Plie, a comprehensive initiative to increase racial and ethnic representation in ballet and diversify America's ballet companies. Project Plie seeks to combine training and support of ballet students from communities previously underrepresented in American ballet companies with the creation of a nationwide network of partner professional ballet companies who are committed to diversity. In

addition, Project PlieĬ will include a new partnership with Boys & Girls Clubs of America to introduce participants to ballet and identify children for future training. (from ABT.org website)

DSBPA is a proud partner with Durham's Salvation Army Boys and Girls Club and has taught several master classes both at the SA and at the School.

## **Admission & Enrollment**

Durham School for Ballet & the Performing Arts, LLC celebrates open admission to all students who wish to further (or begin) their training with certified instructors. There is no audition needed to begin training at the School but new students must be prepared to take a placement class to determine the correct level.

## ***Registration & Tuition***

Registration is done online registrations via a secure online portal. This link can be found on our website.

Tuition will be processed by the automatic billing of your credit or bank card. Only the secure system in JackRabbit has card and bank information. Our office cannot access the details of your payment information.

If you must pay by check or cash, we must still have a valid card on file and your payment must be received at the studio office BEFORE the tuition due date. If payment has not been received by the due date your payment will be processed using the information on file.

Each family is responsible for maintaining updated information via the online parent portal; this includes entering a debit or credit card number or banking information for the purpose of making secure tuition payments for automatic processing.

Students admitted mid-month will pay a prorated amount for the remaining classes in that period. Once classes have begun tuition is not refundable. If a student misses a class, they are expected to make the class up in an appropriate level.

## ***Tuition rates***

Current Tuition Rates can be found on our website

## *Registration fees*

Registration Fees per student with a maximum per family. Fees are due at the time of enrollment.

## **Medical leave or Withdrawal**

Students' accounts will be put on hold with no fees assessed if they must withdraw from classes due to prolonged illness or severe injury (verified by physician's written orders) and upon approval of the student's instructor and office. If a financial need arises, please speak with the office.

If a student chooses to withdraw from classes, there will be a charge assessed as a withdrawal fee. Written notification must be received and confirmed by the DSBPA Office at least 30 days prior to the withdrawal date. The withdrawal fee is due at the same time written notification of class(es) being dropped is received.

If monthly tuition has not been received by the 4th day of the month and payment arrangements have not been made, a late payment will be assessed. If an account becomes 30 days past due the student(s) will not be allowed to participate in class(es). If a financial need has arisen, please contact the office to discuss options. Once accounts become 60 days delinquent it will be sent to the attorney representing DSBPA for collections.

Students with previous outstanding accounts will not be registered for upcoming classes.

## **Scholarships**

A limited number of work-study opportunities are available on a year-to-year basis for the Academic year. The amount of assistance offered is commensurate with the number of hours worked for the School.

## **Summer Programming**

DSBPA offers a variety of Summer Intensives, Summer Camps and Classes in order for dancers to maintain their strength and flexibility throughout the summer. More information can be located on our website.

Our full and half day intensives are designed for motivated students who wish to maintain and expand their training repertoire. They also serve as an excellent preparation for advanced students who plan to attend summer long ballet intensives.

Our half day and full day camps are designed for exploration and learning over the summer months.

Classes for students of all ages who wish to maintain their training throughout the summer break.

## **School Policies & Procedures**

### **Code of Conduct**

It is the policy of Durham School for Ballet and the Performing Arts to maintain a positive, healthy and productive learning and working environments for all students, instructors and administrators. DSBPA students are supported by a dedicated faculty, administration and consulting staff. DSBPA takes pride in offering students' exceptional faculty, master classes and workshops and an outstanding facility.

As part of their training, DSBPA students are expected to behave in a responsible and disciplined manner and to adhere to the School's rules and regulations, both inside the DSBPA facility and outside in the greater community as representatives of DSBPA. Students are expected to treat DSBPA staff and other students with respect and to maintain a positive attitude. DSBPA strives to ensure that all rules are clear and reasonable, and students are expected to observe the established Code of Conduct.

DSBPA reserves the right to suspend or dismiss any student whose conduct or attitude is found to be unsatisfactory. Please respect the expertise and decisions of the DSBPA faculty and staff.

### **Class Etiquette**

Students must arrive on time for class, dressed and ready with hair pulled securely away from the face.

If a student arrives late, they must wait at the classroom door for acknowledgement from the instructor before being allowed to enter. Late arriving students may have to observe and take notes.

Students are expected to be attentive and courteous in class.

Students are not allowed to leave class without the instructor's permission.

Students are not allowed to hang on the barres in the studios.

Students must keep their hands off of the mirrors.

Students are expected to be respectful, supportive and encouraging to one another and the instructor.

Entitled behavior and bullying are not tolerated at the School.

Students may not bring electronics into class.

### **The following are absolutely forbidden at DSBPA:**

- Physical intimidation or injury, verbal harassment
- Theft, destruction of School property or property of others
- Verbal abuse; lewd, vulgar conduct
- Sexual harassment or coercion
- Possession of drugs and/or alcohol: Any student found using drugs, or consuming or under the influence of alcohol (including providing drugs or alcohol to another student) will be subject to disciplinary action up to expulsion...
- All students are expected to obey relevant state laws regarding tobacco use, neither smoking nor vaping are allowed on School premises.
- Firearms or weapons of any kind
- Self-destructive behavior
- Willful destruction or misuse of DSBPA or another person's property
- To film or photograph in the changing rooms or restrooms
- Inappropriate use of the internet
- Improper use of cell phones
- Photography in the studios of fellow students or faculty is prohibited unless requested by faculty

Any of the above actions will be reported immediately. The director will decide the appropriate disciplinary action.

### **Use of Social Media\***

When using ALL forms of Social Media (including but not limited to Facebook, Instagram, Snapchat, Twitter) all students and parents must adhere to this Social Media Policy.

No sharing of personal information that comprises or is confidential for the School, our faculty, staff, or other students and their families is permitted.

Proprietary and confidential information may not be shared on any social media site. Students and parents may not photograph, video or record any material in classes without the teacher's permission.

Where permission has been given to record a class/routine for rehearsal purposes, use of that recording has been authorized for that purpose only and under no circumstances must it be posted on any Social Media platform.

Never post anything that could compromise the self-esteem of students that attend DSBPA.

Any and all choreography taught by staff and guest teachers, remains the property of DSBPA. Should any material be posted to Social Media (in agreement with this policy) credit must be given to DSBPA.

The recording and airing, sharing, posting, distribution of teachers' routines, is a serious breach of copyright and may result in offenders being asked to withdraw from DSBPA and in some circumstances, legal action may be considered.

Students/Parents should not contact staff via Social Media at any time or for any reason. Should a teacher be contacted, and it is their duty to let administration know.

Bullying/harassment of any kind over social media will not be tolerated and may result in termination of students' enrolment.

When posting on Social Media, all credits must be given to those relative to the post.

Neither students nor their parents should claim or imply that they are speaking on behalf of DSBPA.

Any posts seen on social media that are deemed inappropriate or distasteful will result in the students and parents being notified and the post being removed from all platforms.

*\*with thanks to Lisa Clark Dance Centre for sharing their Social Media Policy with us*

## **Attendance**

Students are expected to attend all scheduled classes. Students or their families must report all absences to the School prior to class time in order to be excused. Students who are injured are expected to observe classes and take notes. Attendance is critical to consistent progress and advancement in the School. Poor attendance (for any reason) may jeopardize a student's placement, opportunities to perform, promotion or scholarship assistance. Classes are NOT transferable. Make-up classes will be scheduled by the School for classes missed due to environmental events outside the control of the DSBPA.

Regular, consistent attendance to classes is the keystone to progress. It is essential that students

attend all their scheduled classes and come to class on time. Late arrival does not allow a student sufficient time to warm up, may cause injuries and disrupts class concentration. Students that are more than 15 minutes late to any class will be asked to sit, observe and take notes.

Students who have missed more than 50% of their classes in one month may be required to drop to a lower-level class in order to ensure safety and comprehension.

## **Waivers for Aerialists**

In addition to the basic liability waiver on the School registration form, all students wishing to engage in aerial training must sign an aerial specific waiver form.

## **Promotion**

DSBPA students are only promoted when they have demonstrated a mastery of the material in their current level. Students are not promoted automatically after one year, regardless of age. It is not uncommon for students to spend more than one year at a particular level. Age is only considered for placement of Children's Division students in the Primary levels. Students that have missed too many classes (50% or more) over the course of the Academic Year are not eligible for promotion.

## **Make Up Classes**

Makeup classes can be scheduled via online portal or directly with the office. No credit is given for missed classes and should be made up within 30 days of missed lesson.

## **Withdrawing from or adding classes**

If a student wishes to withdraw from an on-going class, the School must be notified in writing at least 30 days prior to dropping the class. A withdrawal fee of \$75 per class will be charged and is payable within 20 days.

Those students wishing to add a class must contact the School office and a revised schedule will be emailed with an updated tuition amount.

## **Building Rules**

Be respectful of the administrative staff and other classes, by keeping noise to a minimum in the lobbies.

No food or drink (except water) is allowed in the studio rooms.

No one is permitted in studios when they are not attending a class or rehearsal unless at the request of a staff member.

## **Class Observation**

DSBPA has observation windows in each studio at this time, due to COVID protocols, observation is not currently available. It is possible to arrange for the class to be viewed through zoom with advanced notice.

## **Cameras & Photography & Zoom recording**

No photography, videotaping or Zoom recording is allowed unless requested by the instructor leading that class or workshop. Choreography and other class material may be shared only by (or with the permission of) the choreographer or instructor. Parents wishing to take pictures of their student may only do so outside of class time and may not include any other students or faculty in the image.

Registration forms for all DSPPA programs include an agreement, which gives DSBPA permission to take photos of students in classes to use for purposes of promoting Durham School for Ballet and the Performing Arts, LLC.

## **Cell Phones**

Students are not allowed to bring cell phones into class with them unless requested by their instructor. All cell phones must be turned to silent and put away. DSBPA is not responsible for lost or missing items.

## **Belongings & Valuables**

Both cubbies and lockers are provided for students' use. Students' belongings must either be placed in a locker or cubby or taken into the studio with them and placed against the wall, this includes a



water bottle. *Valuables should not be brought to the school. If this is unavoidable, they should be placed in a locker with a lock provided by the student.*

## **Lost and Found**

All items except water bottles, electronic devices and jewelry will be placed in the Lost and Found trunk. Electronic devices and jewelry may be picked up in the School office and water bottles will be disposed of.

DSBPA makes a monthly donation of Lost and Found items which remain unclaimed for a month.

The School is NOT responsible for your lost or stolen property.

## **Hands on Training**

Hands-on training methods are used in combination with imagery and teacher demonstration for making corrections in students' physical placement, alignment, ballet partnering and spotting for safety purposes in all types of dance. All staff will ask before making a correction on a student that requires touch. Students who prefer not to be touched should communicate this to the School.

## **Parent Teacher Communication**

Teachers are happy to speak with you but cannot do so between classes. Conferences may be scheduled by calling or emailing the office and requesting a conference. Email reminders will be sent as needed to notify you of upcoming events and deadlines.

## **Notices to Parents and Students**

The School will communicate to parents and students via email (in most cases) or on the School Calendar. The School Calendar is posted on our website <http://durhamschoolforballet.com/calendar.htm> and both students and parents are responsible for checking the calendar regularly to check for any changes to the schedule. This is particularly important during inclement weather when school-wide emails may not be possible. In the case of inclement weather or public health emergencies, classes will be taught on Zoom if technology is available.

## **Medical Leave and Doctor's Notes**

Attendance in all classes is mandatory. However, Medical Leave may be initiated by the School for the management of physical or emotional conditions that hinder a student's ability to participate in class. If a student is injured (i.e., sprained ankle, broken bone, etc.), they may not be able to participate in class, however, students are required to observe class and write a report on their observations. Medical Leave may also be requested by a student or parents. When the student is ready to return, a conference between the parents/caregivers, student, instructor and Director must be scheduled to outline the plan for the student's return to classes. Tuition credits will be at the discretion of the School Director.

## **Injuries**

All student injuries and accidents in and out of classes must be reported promptly to the School office.

If an injury occurs (either in or outside of class), please do the following:

Notify appropriate faculty and front office immediately so that immediate action can be taken.

Have your doctor email a report on your injury to the School office in order to help us facilitate your recovery

We must receive written permission from your doctor allowing you to resume classes. Any student with an injury requiring limited participation in class or a significant leave of absence from classes must meet with the School Manager or School Director to set up a recovery plan before returning to classes.

## **Personal Hygiene**

For both class and personal comfort, all students must utilize good personal hygiene. This includes regularly using deodorant or antiperspirant and keeping an extra in a student's dance bag. No heavy perfumes or fragrances are allowed. All dancewear should be laundered frequently. Body hair that is visible under tights or leotards must be shaved or covered by clothing. Students who sweat copiously should bring backup dancewear (this is especially important for any partnering work).

## **Weight Loss**

If any member of DSBPA faculty or staff observes the appearance of rapid weight loss at any time during the school year, or if it appears that a student is below a healthy weight, the parents/caregivers will be notified, and a conference scheduled between parent/caregiver and the School Director.

## **Transportation, Drop-off, Pick-up, and Parking**

School parents and students have access to ample parking in the school parking lot during School business hours. DSBPA is on the DATA bus line with stops in front of the School.

No one is to arrive or to leave DSBPA wearing only leotards. This policy reflects the professional atmosphere of the School and our concern for the safety of our students. Please wear a jumper, sweats or other clothing over dancewear when arriving and leaving the School, even in the summer.

## **Arrival at the School**

Drivers are expected to drop off students at the front door of the school 10 minutes prior to their class. The student must be dressed and ready for class upon arrival. Students who arrive more than 15 minutes after the start of class will be required to observe and take notes. In the case of evening classes, the building is locked 15 minutes after the last class has begun and students will not be able to access the building. Please be on time (early) to your classes.

## **Departure from the School**

Parents are expected to pick up students promptly after classes. Please contact the School if you are delayed or anticipate a delay. School staff closes the building 15 minutes after the final class of the evening (this time varies from day to day). A fee will be assessed per quarter- hour if staff must wait with a student after the building officially closes.

## **Inclement Weather Closure Procedures**

DSBPA will update the School Calendar in the event of inclement weather or disaster conditions in Durham. Parents and students are responsible for checking the online School Calendar as DSBPA **does not** follow the Durham Public Schools closings. Depending on the nature of the reason for closing, classes may be on Zoom. If the studio can remain open, please use your judgement when

traveling in unsafe conditions. In the event the School facility needs to be evacuated, staff will escort students to the far side of the School parking lot. In the event of a tornado, staff will gather students into designated locations within the building.

## **Dress Code**

All Children's Division and Student Division students are required to meet the dress code for all of their classes and are responsible for acquiring the necessary uniform for their classes within two weeks from the start of Academic Year classes.

We welcome students of all races, ethnicities, genders, and sexualities and maintains zero-tolerance for any form of discrimination. Our dress code offers options for students to pick the attire they are most comfortable dancing in.

### **Dress Code for Children's Division**

**Pre-Primary** - Non-restrictive clothing OR

Option 1: Pink ballet dress and flesh colored (or pink) ballet slippers

Option 2: White, fitted t-shirt and black shorts or leggings and white or flesh-tone ballet slippers

### **Primary Levels 1-3**

Option 1: Class color ballet dress with flesh-colored tights and flesh colored ballet slippers to match tights

Option 2: Short-sleeved white leotard or snug t-shirt with black dancers' tights or leggings and white or flesh colored ballet shoes

Mid-length to long hair is required to be pulled back from the face and fastened securely to keep the hair out of the dancer's eyes. . Short hair also needs to be fastened away from the face.

Students/parents must be responsible for the necessary supplies and have hair done before class time.

## **Dress Code for Student Division**

### Ballet Levels 1-5

Option 1: Class colored leotard, choice of 3 styles, and flesh-colored, convertible foot tights. Ballet and Pointe shoes must match tights. Skirts are optional BUT must match leotard color.

A list of recommended shoe dyes can be obtained at the studio. A list of the required class leotard style numbers must be picked up from the office.

Option 2: fitted white t-shirt or white leotard, transition tights in grey or class color and dance belt for those with male anatomy, white or flesh colored ballet shoes

**Variations and Pas de Deux:** students wearing option 1 need same color skirt as leotard or practice tutu

### **Modern class attire:**

Modern students should wear their usual ballet uniform. Students who are not currently enrolled in ballet must wear a leotard (any color) under black, footless tights. Dance shorts may also be worn in this class.

### **Tap Shoes:**

Tap shoes must be the tap “oxford” style in black. No split-sole tap shoes.

## **Dress Code for Recreational Division**

Recreational Division students: adults, kids, teens, and tween do not have a set uniform for classes, however we do have certain dress requirements for your comfort, safety and to allow instructors to see and correct your alignment. All students are required to wear ballet appropriate clothing that allows for fluid movement during class. Jewelry and other accessories should be minimal: small earrings and watches at the teacher’s discretion.

Mid-length to long hair is required to be pulled back from the face into a neat bun and fastened securely to keep the hair out of the dancer’s eyes. using pins and a hair net. Short hair also needs to be fastened away from the face.

All students are expected to follow proper hygienic care. Ballet technique shoes are required for Open Ballet classes.

Additional Dress Code Guidelines:

No shirts, legwarmers or skirts unless allowed by instructor

No jewelry except small, post-type earrings. Facial jewelry may not be worn during class (nose rings, eyebrow studs, etc).

Shoes must always be sewn

Dancewear is to be kept laundered and in good repair. Any holes must be mended using the same color thread as the garment

All dancewear and dance bags must be marked with the student's name

DO NOT use fabric softener when laundering dancewear -- it damages studio floors!

No zippers, hooks or snaps for aerial dancewear

### **Theme Days**

The School will periodically have Theme Days allowing any appropriate attire to be worn to that day's classes as long as it is clean and in good repair.