

# Student Workspace COVID-19 Guidelines

Durham School for Ballet & the Performing Arts is following the NCDHHS guidelines provided in the [Interim Guidance for Day Camp or Program Settings Serving Children and Teens](#) (July 21, 2020) for its **Student Workspace Program**.

## Exposure protocols for POSSIBLE case of COVID-19

**ANYONE in your household who has had close contact with a person who tests positive for COVID-19:**

- Must stay home and quarantine for 14 days (even with negative test)
- In the event of a confirmed case at Durham School for Ballet, the administration will contact and work with local health officials to determine who had been in close contact based on information from the teacher(s). Anyone identified as being in close contact will stay home for 14 days.

**ANYONE in your household experiencing one or more symptoms must remain home until:**

- They are symptom-free for at least ten days, AND have tested negative for COVID-19, AND are fever-free (without fever-reducing medication) and symptom-free for 24 hours

OR

- They have received confirmation of an alternate diagnosis from a medical professional that would explain the COVID-like symptoms, AND are fever-free (without fever-reducing medication) and symptom-free for 24 hours.

**If someone develops one or more symptoms during their time at Durham School for Ballet**, students will be moved into an isolation area and wait there, while being supervised, until the student is picked up.

**Symptoms include but are not limited to:**

- Fever over 100 degrees Fahrenheit or chills
- Shortness of breath or difficulty breathing
- New loss of taste or smell
- Congestion or runny nose
- Nausea or vomiting
- New cough
- Fatigue
- Muscle or body aches
- Sore throat
- Headache
- Diarrhea

*Individuals with COVID-19 report a wide range of symptoms from no symptoms and mild to severe illness. Even people with no or mild symptoms can spread the virus. Children with COVID-19 may not initially present with fever and cough as often as adult patients.*

## **Exposure protocols for CONFIRMED case of COVID-19**

In the event of a confirmed positive case within the Durham School for Ballet student or faculty/staff community, DSBPA will work with local health authorities and follow protocols established by the CDC.

### **With positive diagnosis from medical professional and/or positive test result:**

#### **A person needs to stay home until it has been:**

- 10 or more days since onset of symptoms, **AND**
- 3 or more days since fever (without use of fever-reducing medicine), **AND**
- 3 or more days since the symptoms have improved

#### **CDC criteria for close contact (source):**

- You were within 6 feet of someone who has COVID-19 for at least 15 minutes.
- You provided care at home to someone who is sick with COVID-19.
- You had direct physical contact with the person (touched, hugged, or kissed them).
- You shared eating or drinking utensils.
- They sneezed, coughed, or somehow got respiratory droplets on you.

**In the event of a positive test but no symptoms**, the person needs to stay home until it has been 10 days since the date of the positive test.

#### **Steps taken by Durham School for Ballet in the event of a positive case among students or faculty/staff:**

- The Durham School for Ballet staff will notify local health authorities of the confirmed case.
- The staff will work with local authorities to immediately notify faculty and families while maintaining confidentiality in accordance with federal laws. As previously stated, the staff/faculty will work with authorities to determine who had been in close contact with the infected person.

*The staff will work with local authorities to determine what parts of the studio need to be closed, and for how long.*